Tonya Carter

STRATEGIST | EDUCATOR | SPEAKER | AUTHOR

BIOGRAPHY

Tonya is an empowering, enthusiastic, and effective speaker who leads with a style of tact, transparency, and truth to connect with her audience that encourages them to step into their next chapter with the compassion, courage, and confidence that's needed to design their "life after" on purpose.

Having to experience divorce, five job losses in four years, repeated unhealthy relationships, financial hardships, health setbacks and balancing single motherhood, she inspires and ignites women to break free of their past and build a quality of life that is the epitome of boldness and bravery going forward.

She's the author of "Divorce Your Story: A Woman's Guide to Heal & Thrive After Divorce", podcast host of "Purposely Thriving Podcast", & founder/facilitator of her accelerated 12- Week program "T.H.R.I.V.E ™"which is uniquely designed to help women gain the strategies and tools to exit out of a relationship properly, heal intelligently, and enter & evolve into a life of freedom and fulfillment.

SPEAKING TOPICS:

- Divorce Your Story - (Rewriting Your Narrative)
- Mindset Mastery
- Co Parenting Consciously
- Communicating Intentionally - (Understanding oneself, being relatable to others, and managing conflict resolution)
- Thriving as a Single Mom
- After I Do….What I Wished I Knew
- Captivating Unwavering Confidence
- Developing Quality Relationships
- Optimizing Self-Love
- What's Your Superpower?

AVAILABLE FOR:

- *Keynotes*
- *Conference*
- *Mastermind Groups*
- *General & Breakout Sessions*
- *Workshops & Seminars*
- *Retreats*
- *Panel Discussions*

TESTIMONIALS

"Tonya delivered an incredible energy at The Maine Women's Conference, uplifting the attendees with her engaging presentation style and sense of humor. "Uniquely You: What's Your Superpower?" was the perfect fit for the ambitious, creative women present. Not only did women walk away with a clear sense of their strengths and talents, but they also reported walking away knowing they are not alone in what they're feeling. Attendees will continue to benefit from this presentation as they develop their individuality and sense of personal value. The thing I'll remember most from working with Tonya to organize her presentation was the way she communicated before, during, and after the event. She was clear, kind, and appreciative in all of our exchanges and it was an absolute pleasure to work with her. I would ask her to speak again in a heartbeat, and I'd definitely be front-row at her presentation! "

~ Abbie McGilvery - Marketing Coach & Social Media Strategist

"We were honored to have Tonya Carter as one of our speakers at the 2022 Mrs2Me Summit. The audience was very appreciative of the informative content and inspired by Tonya's engaging speaker style, support, and advice. Everyone benefited from her discussion on "Divorce Your Story." The feedback was positive with many people commenting that they had received tremendous value and were walking away feeling empowered with their new story!"

~ Catherine Shanahan - Co-Founder of My Divorce Solution

SOCIAL MEDIA

@iamtonyacarter

Tonya Carter

/mstonyacarter

CONTACT INFORMATION

www.tonyacarter.com

info@tonyacarter.com